



GARMIN COMPATIBILITY WITH NEW LEAF ASSESSMENT

Your New Leaf® Metabolic Assessment is compatible with many types of Garmin heart rate watches. Send heart rate zones, caloric information, along with workout details directly to your watch. By transferring data to your watch, it becomes a true metabolic tracker, telling you exactly what your system is doing, miles ran, calories burned, and overall program efficacy.

Forerunner® 610	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
Forerunner® 310XT	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
Forerunner® 410	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
Forerunner® 405CX	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
Forerunner® 405	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
Forerunner® 305	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
FR60	Metabolic Profile/Activity Data Only send metabolic profile (no workouts) and receive activity data
Edge® 800	Workouts/Activity Data Only send workouts (no metabolic profile) and receive activity data
Edge® 705	Workouts/Activity Data Only send workouts (no metabolic profile) and receive activity data
Edge® 605	Activity Data Only receive activity data
Edge® 305	Workouts/Activity Data Only send workouts (no metabolic profile) and receive activity data

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Product specifications subject
to change without notice.

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For more information visit our website at www.newleaffitness.com