



## GARMIN COMPATIBILITY WITH NEW LEAF ASSESSMENT

Your New Leaf® Metabolic Assessment is compatible with many types of Garmin heart rate watches. Send heart rate zones, caloric information, along with workout details directly to your watch. By transferring data to your watch, it becomes a true metabolic tracker, telling you exactly what your system is doing, miles ran, calories burned, and overall program efficacy.

<b>Forerunner® 310XT</b>	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
<b>Forerunner® 410</b>	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
<b>Forerunner® 405CX</b>	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
<b>Forerunner® 405</b>	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
<b>Forerunner® 305</b>	Full New Leaf Support send both metabolic profile and workouts, and receive activity data
<b>Forerunner® 205</b>	Activity Data Only receive activity data
<b>Forerunner® 110</b>	Metabolic Profile/Activity Data Only send metabolic profile (no workouts) and receive activity data
<b>Forerunner® 50</b>	Activity Data Only receive activity data
<b>FR60</b>	Metabolic Profile/Activity Data Only send metabolic profile (no workouts) and receive activity data
<b>Edge® 800</b>	Workouts/Activity Data Only send workouts (no metabolic profile) and receive activity data
<b>Edge® 705</b>	Workouts/Activity Data Only send workouts (no metabolic profile) and receive activity data
<b>Edge® 605</b>	Activity Data Only receive activity data
<b>Edge® 305</b>	Workouts/Activity Data Only send workouts (no metabolic profile) and receive activity data
<b>Edge® 205</b>	Activity Data Only receive activity data

**New Leaf**  
350 Oak Grove Parkway  
St. Paul, MN 55127-8599  
USA  
Tel: 888.826.2751  
+651.484.4874  
Fax: +651.484.8941

[www.newleaffitness.com](http://www.newleaffitness.com)

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Product specifications subject  
to change without notice.

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For more information visit our website at [www.newleaffitness.com](http://www.newleaffitness.com)